



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Health and hygiene in the home					
	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1.Can keep bedroom clean and tidy.					
Comments					
AQA Units completed:			AQA Units to do:		
2.Can keep bathroom clean and tidy.					
Comments					
AQA Units completed:			AQA Units to do:		
3.Can keep kitchen clean and tidy.					
Comments					
AQA Units completed:			AQA Units to do:		
4.Can keep communal areas clean and tidy. <small>(Living room, dining room, halls stairs and landing)</small>					
Comments					
AQA Units completed:			AQA Units to do:		
5.Can use domestic appliances. <small>(Iron, cooker, microwave, washing machine, dishwasher, vacuum cleaner etc.)</small>					
Comments					
AQA Units completed:			AQA Units to do:		

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Health and hygiene in the kitchen (Food preparation)

	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1. Know how to use kitchen utensils correctly and safely <small>(Knives, peeler, can opener, etc.)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
2. Know how to check that food is in date/fresh/ripe					
Comments					
AQA Units completed:	AQA Units to do:				
3. Prepare for food preparation <small>(Hands washed, clean kitchen and cooking implements, Recipe/Preparation instructions followed)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
4. Can provide him/herself with a suitable and healthy meal.					
Comments					
AQA Units completed:	AQA Units to do:				
5. Can tidy kitchen after use <small>(Cooker turned off, recycled waste, foods sealed and stored correctly)</small>					
Comments					
AQA Units completed:	AQA Units to do:				

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Health and Safety (Home Maintenance)

	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1.Is aware of how and who to contact in an emergency. <small>(999,111, Dentist, Doctors, plumber, electrician, etc.)</small>					

Comments

AQA Units completed:	AQA Units to do:
----------------------	------------------

2.Is aware of basic appliance/home maintenance and safety. <small>(Can change a fuse, change a light bulb safely, check main house trip switch, use a ladder safely)</small>					
---	--	--	--	--	--

Comments

AQA Units completed:	AQA Units to do:
----------------------	------------------

3.Is able to decorate and organise their own living space. <small>(Basic painting and decorating, framing photographs and hanging pictures, putting up curtains, etc.)</small>					
---	--	--	--	--	--

Comments

AQA Units completed:	AQA Units to do:
----------------------	------------------

4.Is aware of how to use and store hazardous materials. <small>(Cleaning products, painting equipment, etc. Is aware of how to protect themselves and their home)</small>					
--	--	--	--	--	--

Comments

AQA Units completed:	AQA Units to do:
----------------------	------------------

5.Has basic needlework skills.					
--------------------------------	--	--	--	--	--

Comments

AQA Units completed:	AQA Units to do:
----------------------	------------------

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Budgeting and Transport					
	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1.Understands bank accounts and cash machines. <small>(Can open an account, use account safety, etc.)</small>					
Comments					
AQA Units completed:			AQA Units to do:		
2.Can budget for a weekly grocery shop.					
Comments					
AQA Units completed:			AQA Units to do:		
3.Can budget for transport.					
Comments					
AQA Units completed:			AQA Units to do:		
4.Can manage to budget for and understand household utility bills. <small>(Gas, electric, water, council tax, television licence and rent)</small>					
Comments					
AQA Units completed:			AQA Units to do:		
5.Understands how to use public and private hire transport. <small>(Bus/train timetables and taxis)</small>					
Comments11					
AQA Units completed:			AQA Units to do:		

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Seeking Employment, Working and Daily routine					
	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1.Understands how and where to seek employment and careers advice. <small>(Job centre, newspaper, websites, career advisors/fairs)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
2.Can correctly fill in an application for employment and can complete a CV. <small>(Knows how to hand in/post)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
3.Understands the importance of good interview presentation and interview techniques.					
Comments					
AQA Units completed:	AQA Units to do:				
4.Has good time management. <small>(Can set alarm, has self motivation, leaves enough time for breakfast)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
5.Can prepare for day ahead. <small>(Prepare clothing, lunch and transport)</small>					
Comments					
AQA Units completed:	AQA Units to do:				

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Health, Hygiene and Sexual Health					
	Very Poor 1	Poor 2	Average 3	Good 4	Very Good 5
1. Bathes and showers and sees to personal hygiene.					
Comments					
AQA Units completed:	AQA Units to do:				
2. Wears appropriate clean clothing.					
Comments					
AQA Units completed:	AQA Units to do:				
3. Has a good understanding of sexual health /contraception and where to seek advice if needed.					
Comments					
AQA Units completed:	AQA Units to do:				
4. Understands the risks of substance misuse and where to seek advice if needed. <small>(Smoking, Drugs and Alcohol)</small>					
Comments					
AQA Units completed:	AQA Units to do:				
5. Understands the importance of attending regular health appointments. <small>(Doctors, dentists, etc.)</small>					
Comments					
AQA Units completed:	AQA Units to do:				

Total: /25

Staff Signature:
Manager Signature:



Independent Living Skills

Name:	D.O.B:	Admission date:
Prepared by:		Review date:

Summary Of Assessment

	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:
Health and hygiene in the home	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Health and hygiene in the kitchen	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Health and Safety	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Budgeting & Transport	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Seeking Employment, Working and Daily routine	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Health, Hygiene and Sexual Health	/25	/25	/25	/25	/25	/25	/25	/25	/25	/25
Total	/150	/150	/150	/150	/150	/150	/150	/150	/150	/150

0 - 29 - Inadequate
 30 - 59 = Poor
 60 - 89 = Adequate
 90 - 119 = Good
 120 - 150 = Very Good

Staff Signature:
Manager Signature: