

PHC assessment system.

<https://www.onlinephc.com/> 

How the system works.

<https://www.onlinephc.com/assets/pdfs/how-to-improve-holistic-wellbeing.pdf> 

The research paper explaining the significant benefits of the system.

https://cpd.peartreeprojects.co.uk/documents/Marginal_Gains.pdf 

Training video demonstrating how to use the system.

https://www.onlinephc.com/assets/videos/instruction_video.m4v 

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PROJECTS