



Independence Scales

1. Constant supervision/adult support.
2. Enrolled in suitable club/organisations/work placement under adult supervision, independent of carers – taken and collected.
2. Brief time-managed trips to nearby shops to purchase items.
3. Enrolled in suitable club/organisations/work placement, taken but allowed to return home independently.
4. As above, but allowed to go and return independently.
5. Allowed out with friends or to go shopping, up to one hour. NB.: this can be linked to 4.
6. As above, up to two hours.
7. As above, up to four hours – am/pm/evening.
8. Complete independence under contract, must continue to be involved in household at least two evenings per weeks and must attend key events, i.e. Christmas party, birthday meals out etc.

N.B.:

- Escalation up the scale must be on the back of success. Difficulties must result in review and possible reduction of level.
- Each level must not exceed more than five times per week. – (except their work/training commitments)